

CARRANBALLAC P-9 COLLEGE

Newsletter



TERM 1 CALENDAR HIGHLIGHTS

Wednesday 12 March - Monday 24 March	NAPLAN - Years 3, 5, 7 & 9
Monday 17 March	Hobson's Bay Swimming Carnival
Friday 21 March	Harmony Day
Monday 24 March	Primary Athletics Carnival
Tuesday 25 March	Year 7 Volleyball Competition
Wednesday 26 March	Primary Dream and Lead Conference
Thursday 27 March	Melbourne Secondary Youth Leadership Conference
Friday 28 March	Assembly, 2:30pm in the Gym at each campus
Monday 31 March	Secondary Athletics Carnival
Wednesday 2 April	BW & JW Year 9 Man Cave/ Big Sister Program
Friday 4 April	Last Day Term 1, 3pm finish F-2 Easter Hat Parade
Tuesday 22 April	First Day of Term 2



(03) 9395 3533
carranballac.p9@
education.vic.gov.au

Boardwalk Campus
Cnr Dunnings Rd &
Foxwood Dr, Point Cook

Jamieson Way Campus
Cnr Jamieson Way &
La Rochelle Blvd,
Point Cook

VISION:

One College,
Infinite Possibilities,
Working Together,
Embracing the Future

MISSION:

Our College fosters
excellence in life long
learners who are
resilient, connected and
respectful

PRINCIPALS' REPORT

JUSTINE RYAN, BRETT WATSON &
JANELLE BARKER



Dear Families,

Supporting your child's education

Thank you to all our parents who attended last week's Parent Information session and Parent Helper's session. It is wonderful to see our community getting involved with supporting the education of our children. The Parent Information session had an F-2 focus on *'How can I help my child at home with their learning?'*. This session was well attended with parents coming away with strategies around supporting their child to develop reading, writing and numeracy skills.

The following day we held an information session around Parent Helpers in the classroom. We are looking forward to welcoming our first group of enthusiastic parents into our classrooms beginning from Term 2. If you are interested in volunteering an hour (or more) of your time each week to help work with students at the College, please reach out via email or a phone call to Debbie Workman.

Building a community

There is time, space and opportunity for all families to contribute towards building a strong Carranballac Community Culture! Our parents and friends sub-committee of the school council have a number of exciting things planned for 2025 including; an Easter raffle with exciting prizes, Mother's Day morning tea, Father's Day games afternoon, Grandparents and Grandmother's morning tea, a school disco and a our annual colour fun run. Please join the What's App group to know what's going on in the Carranballac Community. All money raised from these events will go directly to improving resources, facilities and infrastructure at both campuses.

We are keen to communicate with our school community in a way that best serves your needs, as such Kate Hume (Boardwalk) and myself (Jamieson Way in week 8) are around each day after school with a communication's survey which will take a few moments of time to complete. If you would like to contribute your thoughts, please access the survey [here](#).

Foundation update

We were fortunate to employ a new Foundation teacher to open a new Foundation class at Boardwalk this week. This is very exciting for the Foundation children who are entering into this class, they have moved into room 1 at Boardwalk and our well-being room has moved to room 8. The establishment of this new class allows for some amazing benefits for the smaller class sizes;

- More individualised attention for each student.
- Teachers can more readily cater for each students specific learning needs.
- Stronger connections can be built between the student and the teacher (this is key for student success!)

Thank you to our students, teachers and families who have made this transition.

Carranballac College 2025 Review

This year our school will be reviewed by the Department of Education.

The review is based on our 2021 Strategic Plan Goals and we are measured on our progress towards achieving those goals. We have had three main goals that we have been working towards over the past 4 years, these include;

Goal 1- Maximise the achievement and learning growth of every student, particularly in literacy and numeracy.

Goal 2- Improve student voice and learner agency.

Goal 3- Improve student wellbeing and engagement.

If you would like to read the full strategic plan you will find it on our school website here; [About | Carranballac P-9 College | Point Cook](#)

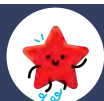
It is a very exciting process as we work towards setting the strategic view for the school for the next 4 years- these goals will directly affect your child and we are keen to hear your views. There will be opportunities for parents to provide their reflections and thoughts around the direction, please keep an eye on newsletters and Compass for further information in Term 2.

Artist in Residence Tiffany Hunter

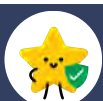
This year our students will be working with an Artist in Residence to redesign spaces throughout the school. Please find below Tiffany's bio and look out around the school for our exciting new artwork! Please look out for a piece later in the newsletter with more information.

Clean Up Australia Day

The College participated in Clean Up Australia Day on Friday 7th March. Our primary students spent time cleaning up the school grounds and learning about the importance of preserving our environment. Our secondary students will be heading out to the surrounding wetland areas today to clean up our community.



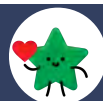
RESILIENCE



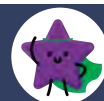
INTEGRITY



INCLUSIVENESS



RESPECT



RESPONSIBILITY

LITERACY CORNER

Helping Your Child Become a Confident Writer

Whether your child is just beginning to write sentences or crafting more complex essays, regular practice at home can strengthen their writing fluency, spelling, and ability to organise ideas effectively.

Supporting your child's writing doesn't require formal lessons—it's about creating everyday opportunities for writing, making it engaging, and encouraging their efforts.

Helping Younger Children Build Strong Writing Foundations

Write shopping lists together

Ask your child to write part of the grocery list (e.g. 'milk, apples, pasta') to practice spelling and handwriting in a real-world context.

Letter & Card Writing

Have your child write a letter or a greeting card for a family member. This helps them practice forming sentences with purpose.

How You Can Help:

- Encourage them to say their sentence aloud before writing to help with structure.
- Model writing by letting them see you make lists, jot notes, or write letters to show writing as a normal part of daily life.

Supporting Older Students in Developing Writing Confidence

Practical Activities for Home

Encourage Real-World Writing

Ask your child to write a restaurant review, a blog post, or a 'how-to' guide for a younger sibling. Writing with a purpose improves engagement.

Quick-Writes

Set a timer for 5-10 minutes and challenge your child to write without stopping. This builds fluency and confidence.

Use Speech-to-Text Apps

If handwriting is a barrier, let your child dictate their ideas first and then edit the text together.

How You Can Help:

- Ask open-ended questions like "What do you want the reader to feel when they read this?" to encourage deeper thinking.
- Help with editing, not rewriting—point out patterns of mistakes rather than fixing everything at once.

Connecting Writing to the Real World

Watch and Discuss News Stories

Ask your child to summarise a news article or TV segment in their own words to practice comprehension and critical thinking.

Start a Family Book of Favourite Words

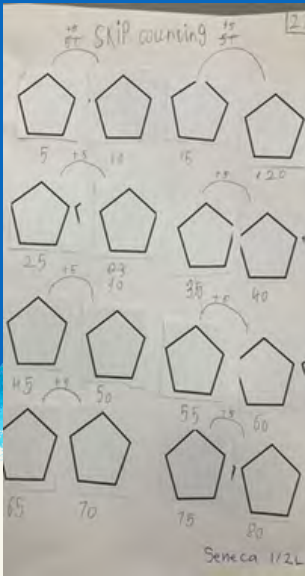
Keep a small notebook where family members can write new, interesting, or funny words they learn. This expands vocabulary and encourages curiosity.

JAMIESON WAY GRADE 1/2 REPORT

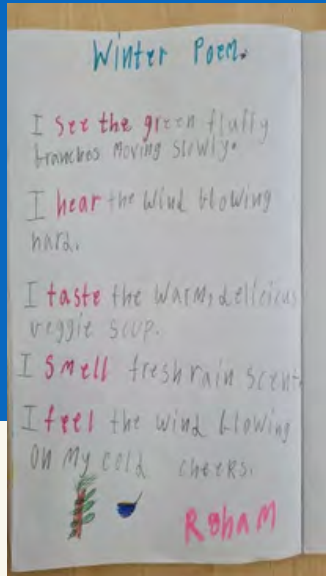


In Writing this term, students in 1/2 have been focusing on Poetry. They explored creating poems through alliteration, rhyme and senses. It has been an enjoyable writing unit for our classes.

In Mathematics students have been working on number patterns through skip counting. They skip counted starting at different points using number, money and shapes. What a great term of learning and growing we've had.



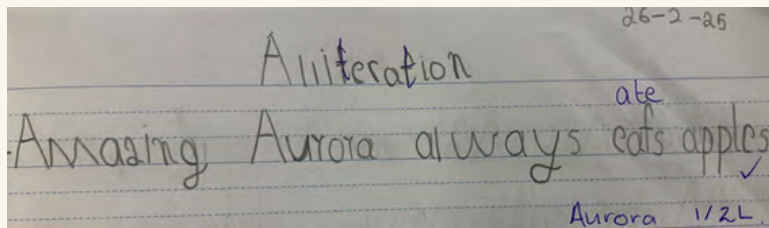
Seneca 1/2L



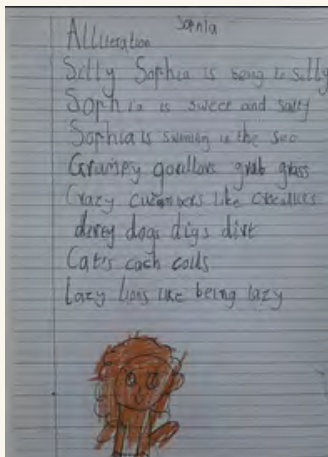
Reham 1/2J

21/02/2025 counting by 10s				
30	17	82	981	52020
40	27	92	991	52030
50	37	102	1001	52040
60	47	112	1011	52050
70	57	122	1021	52060
80	67	132	1031	52070
90	77	142	1041	52080
100	87	152	1051	52090
110	97	162	1061	52100
120	107	172	1071	52110
130	117	182	1081	52120
140	127	192	1091	52130
150	137	202	1101	52140
160	147	212		52150
170	157			52160
180	167			

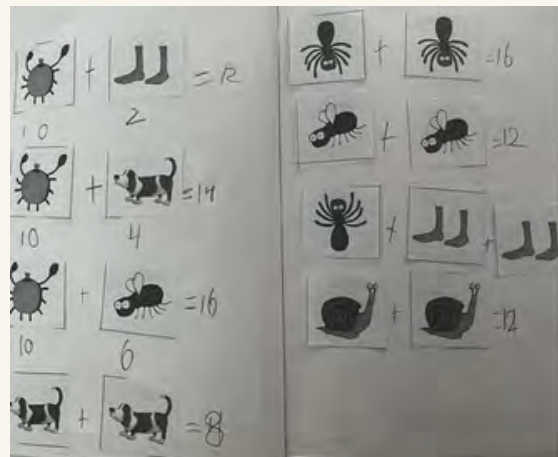
Gabriel 1/2J



Aurora 1/2L



Sophia 1/2K



Dalton 1/2K



News from the WELLBEING TEAM



01

Recess and Lunch Clubs



Recess and lunch clubs are once again running at both campuses. We are seeing some great student engagement, lots of practice developing social skills and some beautiful big smiles as students enjoy some fun together.

If your child is not enjoying playing in the yard, experiencing social issues, please encourage them to visit the Wellbeing Room and join one of our clubs.



JAMIESON WAY CLUBS YEAR F - 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quiet play with Ms Hunter Wellbeing Room	Quiet play with Ms Hunter Wellbeing Room			
		Drawing Club with Ms Savic in Room 17 <small>Starting Week 7</small>	Defence Club with Ms Tracey in the Library <small>Defence students only</small>	

JAMIESON WAY CLUBS YEAR 3-6				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Quiet play with Ms Hunter Wellbeing Room		
Quiet play with Ms Hunter Wellbeing Room	Japanese Club with Sensei in the Japanese Room		Defence Club with Ms Tracey in the Library <small>Defence students only</small>	

BOARDWALK CLUBS YEAR F - 6				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Friendship Club Ms Hilt Wellbeing Room	Calm Club with Ms Hilt Wellbeing Room	Lego Club with Ms Hilt Wellbeing Room	Drawing with Ms Baljak Wellbeing Room	Japanese with Sensei Mann Japanese Room
Painting with Ms Hilt Wellbeing Room	Drawing with Ms Hilt Wellbeing Room			



ARTIST IN RESIDENCE

TIFFANY HUNTER

This year our students will be working with an Artist in Residence to redesign spaces throughout the school. Please find below Tiffany's bio and look out around each campus for our exciting new artwork! Please continue reading for more information later in the newsletter.

Hi, I'm Tiffany Hunter, a proud Taungurung woman, founder, and head mentor at Nerdu Badji Education (NBE) and Artist at Tiffany Hunter's Studio.

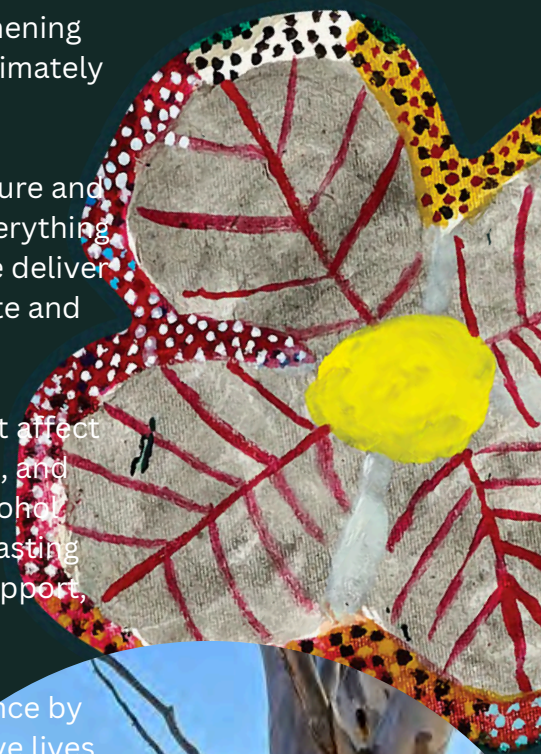
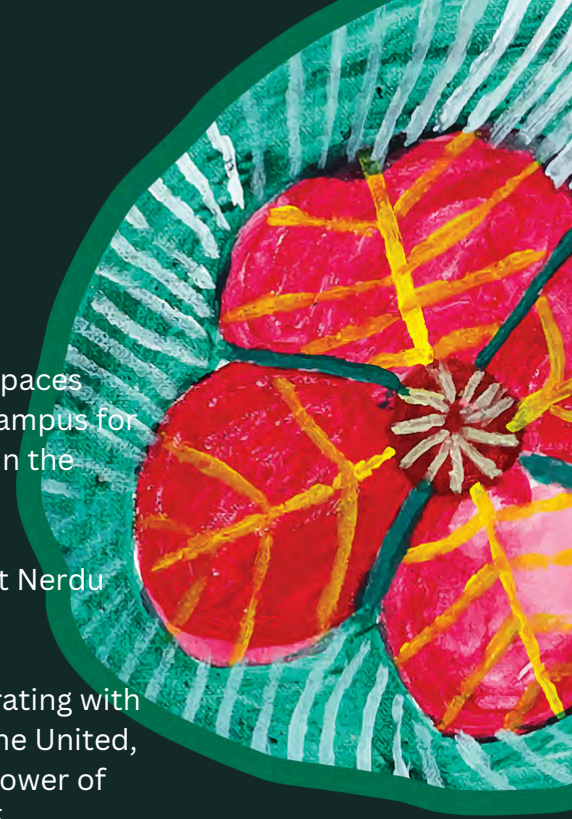
As an Aboriginal artist at Tiffany Hunter Studio, I have had the privilege of collaborating with high-calibre individuals and sporting organizations, including Patty Mills, Melbourne United, and Champion Data. These experiences have shaped my understanding of the power of culture, identity, and connection—values that I carry into my work at NBE.

NBE was created with the goal of providing a culturally safe environment for First Nations people and those at a disadvantage. Our aim is to empower individuals by strengthening their cultural identity, reducing barriers, and inspiring them through mentorship, ultimately paving the way for employment pathways and better life outcomes.

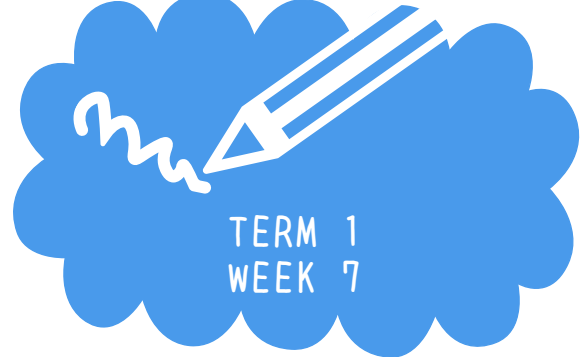
As a 100% Aboriginal-owned business, NBE brings a deep-rooted connection to culture and community, ensuring that cultural awareness and integrity are at the forefront of everything we do. This commitment to authenticity is reflected in the high standards of work we deliver and is evident in our diverse clientele, ranging from community groups to corporate and government agencies.

I'm deeply passionate about addressing some of the most pressing social issues that affect individuals and communities. Each year, we will focus on raising awareness, funds, and making a meaningful impact in areas such as suicide, homelessness, drug and alcohol addiction, and family violence. These topics are often overlooked, but they leave lasting effects on people's lives. Through our work, we aim to break the silence, provide support, and create tangible change.

This year, our focus is on suicide prevention. We are dedicated to making a difference by raising awareness, offering resources, and fostering conversations that can help save lives and bring hope to those who need it most. Together, we can make a real impact and move closer to a future where these challenges no longer define our communities.



SWPBS NEWS



Compass and Chronicles

The SWPBS chronicle system is one of the ways that we keep track of student behaviour and inform parents of both positive and negative behaviours. At Carranballac, we have three types of Chronicles - Green, Amber and Red. When your child receives a Chronicle, we encourage you to have a discussion about it with your child. It is an opportunity for learning and connection.

- Green Chronicle (Positive/Expected Behaviour)
 - Visible to parents.
 - Recognises and records students demonstrating positive behaviour aligned with the College values and expectations.
 - Used for praise, reinforcement, and tracking students who consistently follow rules.
 - Contribute to rewards, or other incentives.
- Amber Chronicle (Minor Concerns/Warnings)
 - Visible to parents.
 - Used to document low-level or occasional behaviour concerns.
 - Serves as a warning or a note for teachers to monitor patterns.
 - May include minor disruptions, lack of effort, or failure to follow instructions.
- Red Chronicle (Major Incident/Serious Misconduct)
 - Not visible to parents, because parents are always contacted to discuss the incident.
 - Documents serious behavioural incidents requiring intervention from leadership
 - Includes actions such as defiance, aggression, bullying, or repeated misconduct.
 - Accompanied by restorative conversations and formal consequences.

We understand that receiving notifications like an Amber Chronicle can be concerning; however, it is important to inform parents of minor misbehaviours to support a shared understanding of expectations between home and school.

If you would like to discuss a Chronicle in more detail with your child's teacher, we encourage you to contact the front office via phone or email.

SCHOOL ATTENDANCE: PARENT AND CARER SELF-CARE

Raising children is one of the biggest commitments that one can undertake. The role of a parent or carer is both incredibly rewarding and (at times) overwhelming. It is important that parents and carers practice self-care because those that do are less likely to feel exhausted or burnt out, and tend to have more positive interactions with their children. These positive parent-child interactions are key to your child's development and desirable outcomes in all aspects of life, including school attendance.

The Importance of Self-Care for Families

Self-care sometimes is seen as a luxury by parents, but it's not just about bubble baths and face masks. It simply means making a conscious effort to look after your own health and wellbeing. This includes eating well, getting rest when you can, and staying active. It also involves taking time to relax and recharge - whether that's going for a walk, catching up with a friend, or even just enjoying five minutes of peace in the shower.

Self-care isn't always enjoyable in the moment (like waking up early to exercise), but it almost always leaves you feeling better afterward. It is well proven that the way parents look after themselves has a direct impact on their child's development. Parents who are kind to themselves and make time to unwind tend to be healthier, both physically and mentally, and feel more confident in their parenting, thus giving their children the best opportunities in their education and development.

Self-Care Works Best as a Routine

Regular self-care helps maintain your energy levels and resilience, making it easier to manage life's pressures, and this is far better than relying on a quick fix when things become overwhelming. It's worthwhile to take the time to sit down as a family and discuss the importance of engaging in activities that bring joy and promote wellbeing. Share ideas, add them to the family calendar or planner, and encourage each other to follow through. Habits take 66 days to become automatic, so with a little effort and patience, self-care can soon become a regular part of your family's daily life.

Ideas for Self-Care

Self-care is very much an individual thing - what works for one person may not for another. To work out what might suit you, consider asking these questions:

- What activities make you feel good and recharged?
- What would you like to do more of?
- Are there any activities that you look forward to during the week?

[ReachOut](#) have compiled the following suggestions for self-care activities.

- **Physical:** walking, running, swimming, joining a gym, kicking the footy with mates, getting a massage, or soaking in the tub.
- **Mental and Emotional:** listening to music, watching your favourite show, gardening, taking a walk through the park, relaxing on the porch, or getting coffee with a friend.
- **Creative and Spiritual:** creating a habit of drawing or painting, joining a class at the community centre, reading, learning to cook new recipes, listening to a podcast, or meditating.

You could also take the [Self-Care Quiz on ReachOut's website](#) to find what type suits you best.

More Resources

- Emerging Minds - [Self-Care for Parents and Caregivers](#)
- Raising Children Network - [Looking After Yourself: Parents and Carers](#)
- Cleveland Clinic - [10 Ways to Practice Self-Care as a Parent](#)

Support for Attendance

Experiencing mental health challenges as both a parent or carer, and a child, can impact a range of daily activities including school attendance.

If you feel that getting your child to school on time or altogether is a challenge, we are more than happy to support you to address this. Please reach out to your child's classroom/homeroom teacher or call the office on (03)9395 3533 to discuss further.



ISSUE 2 OPEN NOW!

\$5 Earn a
PROMO CODE
Included with order confirmation



SCHOLASTIC Book Club

Orders for **Bookclub 2** must be made online by;

Monday 24th March, 2025

Click on the link below to view the digital catalogue:

<https://www.scholastic.com.au/book-club/book-club-parents/book-club/>

Please pay by - **CREDIT CARD** - To order and pay for your Scholastic Book Club order by credit card by visiting the link below for the LOOP site, where parents can place their orders. **NO CASH PLEASE**

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>

Parents can order directly to the school, without paying a shipping fee as long as orders are placed by 24/03/25. Books will be delivered to your child's classroom without any delivery fees.

SCHOLASTIC
open a world of possible

ATTENDANCE COMPETITION

WILL YOUR CLASS BE
THE ONE TO WIN?

**THE HIGHEST ATTENDANCE FOR TERM
1 AT EACH CAMPUS WILL WIN A
BASKET OF CHOCOLATES TO SHARE**





EASTER RAFFLE



\$5 ENTRY

PRIZES INCLUDE;
E SCOOTER, RIPSTIK,
ACTION CAMERA AND
LOTS MORE
CHOCOLATE GOODIES!



WINNERS

ANNOUNCED
AT THE
FINAL TERM 1
ASSEMBLY

BUY TICKETS VIA COMPASS PAY

***\$5 FOR ONE ENTRY, IF YOU WOULD LIKE TO PURCHASE MORE THAN ONE ENTRY, PLEASE ENTER AMOUNT INTO COMPASS.**

E.G TO BUY 4 X ENTRIES PAY \$20.





JOIN US FOR

A SOCIAL CATCH UP

Attention Carranballac Parents and Friends!

Join us for a fun and relaxed social gathering to wrap up Term 1. It's the perfect chance to connect with fellow parents and carers, rekindle old friendships, and make some new ones. Let's come together, strengthen our school community, and enjoy some quality time getting to know each other! Don't miss out - we'd love to see you there!



Thursday 20th March

6 -8 PM

THE SPORTS BAR @ THE BROOK,
SNEYDES RD, POINT COOK.

RSVP or info –

WhatsApp group
via QR Code

Carranballac
Parents and Friends
College
POINT COOK



OR to secretary.pf@carranballac.vic.edu.au